



Legal and Social
Justice Services

WHAT IS Advocacy?

When you're finding things overwhelming and important decisions need to be made, we are here to help you understand your rights and empower you to take back control of your life.

Advocacy is: when someone speaks, writes or acts on behalf of another person to help them stand up for their legal and human rights.

- ▶ Advocacy helps you have your views, thoughts, wishes and concerns considered.
- ▶ It's your choice whether an Advocate acts on your behalf or helps you to self-advocate.

Advocacy may help with situations related to: mental health, disability, housing, discrimination, abuse or neglect.



07 4616 9700

